



WHERE CHILDREN GROW

Young Achievers Daycare



This recipe is brought to you by our staff at the Iona location.



CINNAMON APPLE CHIPS

- 4 apples cored and sliced 1/8" thick.
- 1/2 tsp of cinnamon
- 1/2 tsp of sugar

Or you can buy the sugar and cinnamon already mixed at the dollar store.

-Lay the apple slices flat on cookie sheet with parchment paper.

-Sprinkle sugar and cinnamon on apple slices.

-Bake for 2 to 3 hrs at 200 degrees F.

-Bake until apples are dry yet soft.

-Allow to cool completely.

Friendly Reminders

- Please inform the staff of any changes to your child's schedule. If you require additional days/hours please call the program to see if there is room prior to bringing your child. **Space is limited.**
- All children must be signed in and out of the program by the parents

Invoices will be EMAILED out on the **Monday** and are **DUE** on the **Wednesday**. All payments are picked up on the Thursday and deposited on the Friday. If payment is not received on the Wednesday childcare may be suspended. E-transfers, Cheques and money orders are accepted and due by the Wednesday at 6pm.

MORNING DROP-OFF

If you require an earlier drop-off time than originally indicated on your child's schedule form, please call the program.

We staff according to the information given, so we may not have available staff to accommodate an earlier drop-off.

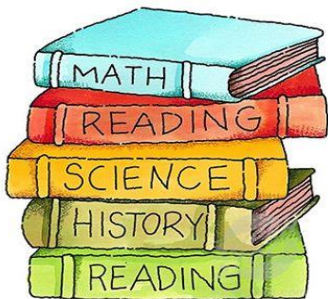
If you drop-off early without notifying the program then you may be required to wait with your child until there are an appropriate amount of staff present to meet ratios.

HELPFUL TIP

No time to exercise?



Dance around the house with the kids to burn calories, build lean muscle, and enjoy some quality family time.



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